Bed Bugs vs Dust Mites

EVERYTHING YOU NEED TO KNOW ABOUT WHAT LIVES IN YOUR BED.

Our beds should be safe havens where we can escape the stress of the day, but you may not be alone under the covers! There are two creatures who might be sharing your space! The importnace is to know the difference so you can relieve your symptoms effectively.

BED BUGS are nasty little critters. They are fairly tiny and are easy to miss but you can see them. They live in all sorts of dark places, like your mattress, cracks in the wall, and the like. They feed on blood from mammals, so they bite!

DUST MITES are actually fairly harmless by themselves. They are microcopic, so you can't see them without a powerful microscope. All they do is eat dead skin cells that we shed constantly. However, there is a protien in their was that causes allergeic reactions.

Health Stats

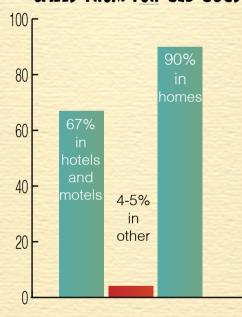
allergic to dust not allergic to dust

30%

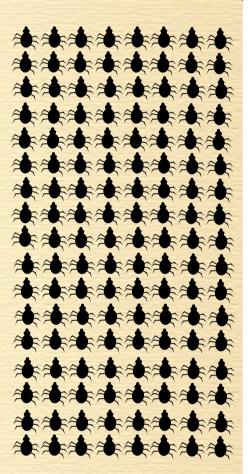
Bed bug related calls have increased 81% since 2000.







1 OUNCE OF DUST = 42,000 DUST MITES!



A female bedbug can produce up to 400 offspring

Preventing and Solutions



Air filters can remove dust mite waste from the air, letting you breath easier.



Hypoallergenic pillow resist dust mites, allowing you to sleep with ease.



UV-C wands and vaccums kill dust mites and bed bugs with 99% accuracy.









Special detergents and high drying temps kill off dust mites.



Encase your mattress with special hypoallergenic covers to keep bed bugs from getting in or out.



A variety of do-it-yourself sprays and powders can also kill bed bugs in their tracks.



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